



# MEDIA ADVISORY

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## Farm-to-Fork Garden Elective to be Highlighted at Local Festival *School Donates Hundreds of Pounds of Fresh Produce Each Year*

SACRAMENTO, Calif. – Sacramento Country Day School, the leading PK-12th grade independent school in the Sacramento region, will highlight its Farm-to-Fork Garden elective class and local food donations at a booth at the Sacramento Farm-to-Fork Festival Saturday, Sept. 29. The booth will also host mini pumpkin and gourd painting, face painting and giveaways.

Country Day's Farm-to-Fork Garden serves as a teaching environment for students from PK-12th grade to learn about responsible caretaking, food production cycles and the benefits of organic farming, as well as broaden their awareness of the issues of food insecurity and environmental stewardship.

Pre-Kindergarten through 2nd grade classes grow crops for fun, education, and their own consumption, while 3rd and 4th grades steward the Food Bank rows, with assistance from the Middle School Farm-to-Fork Garden elective class.

"The garden has become an important part of our Middle School culture. Our students are just as excited to care for plants as they are to eat the fruits and vegetables from their hard work. This elective class also allows students to think outside themselves and help others by donating food and creating habitats for the declining Monarch Butterfly population," said Country Day Middle School Farm-to-Fork Elective Teacher Aleitha Burns.

Country Day's garden also dedicates a portion of its harvest each year to the [River City Food Bank](#), donating 300-500 pounds of fresh produce annually.

"Our partnership with Sacramento Country Day School is an important part of our mission to serve fresh fruits and vegetables to food insecure seniors, children and disabled residents in Sacramento. Last year, the school donated nearly 500 pounds of fresh produce, enabling us to offer healthy food choices to low-income residents who often times do not have many choices at all. We are proud to partner with Country Day," said River City Food Bank Executive Director Eileen Thomas.

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SACRAMENTO COUNTRY DAY SCHOOL

2636 Latham Drive, Sacramento, CA 95864 • [saccds.org](#) • 916.481.8811 • Tax ID 94-1597352

Country Day representatives will be available at the booth for questions and media interviews.

Date: Saturday, Sept. 29

Interviews: 11:00 a.m.-1:00 p.m.

Location: Booth #709 (7th and Capitol Mall, near the Petting Zoo)

On-site Contact: Sacramento Country Day Director of Admission and Enrollment Management Hadley Keefe: (617) 678-7802

Garden webpage: [www.saccds.org/post/farm-fork-garden](http://www.saccds.org/post/farm-fork-garden)

Downloadable Photos:

<https://www.dropbox.com/sh/ewzj9ervbh33qkp/AAA1Is8Jdig2g6pa5Zj9cT7ka?dl=0>

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*Sacramento Country Day School's mission is to inspire intellectual discovery and engage a diverse community to think critically, live creatively, and act compassionately. For more information about Country Day, please visit [www.saccds.org](http://www.saccds.org).*