Sacramento Country Day School

After-School Enrichment Guidelines and Schedule 2016-2017

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After-School Enrichment Camp

**ASE Camp Starts August 30**

**Pre-Kindergarten** ~ To comply with the PK State License, ASE is unable to offer childcare to PK students at after-school events including Back-to-school Night, teacher workdays, conferences, Parents’ Night Out, vacations, morning care, and Summer Camp. Childcare is available to PK students through the PK program.

**Kindergarten-1st Grade ~ Camp Start Time: 2:45 p.m.**
Campers will be greeted and checked into camp by the camp counselors, then escorted to the restrooms to wash hands prior to snack time. Students will then participate in ASE Classes or ASE Camp until picked up by a parent no later than 6:00 p.m. Students enrolled in ASE Classes will be escorted to and from their class by ASE Counselors.

**2nd-3rd Grade ~ Camp Start Time: 2:55 p.m.**
**4th-5th Grade ~ Camp Start Time: 3:10 p.m.**
Campers will be greeted and checked into camp by the camp counselors, then escorted to the restrooms to wash hands prior to snack time. Campers will have the option of attending study hall with 2nd grade teacher Alexis Covey from 3:00-4:00 p.m. Campers will then engage in age appropriate activities with their counselors and/or attend ASE Classes until picked up by a parent no later than 6:00 p.m. Students enrolled in ASE Classes will be escorted to class by ASE counselors.

**2nd-5th Grade Study Hall**
This study hall program is part of ASE and is optional for students. Study Hall is available Monday-Thursday from 3:00-4:00 p.m. Students will be signed in by a camp counselor and parents will need to sign their student out of camp before leaving campus. There is no additional fee for attending study hall, however, students will be charged $8.50 an hour for being in ASE camp.

**Middle School ~ Camp Start Time: 3:30 p.m.**
Middle School students must check into the ASE Program by 3:45 p.m. Any Middle School student on campus after 3:30 must be participating in either ASE classes (including a mandatory study hall from 4:00-5:00 p.m.), ASE Camp, sports, theater, band/orchestra rehearsals, or other school-related supervised activities such as clubs. An older High School sibling may not supervise students. ASE camp is available from 3:30-6:00 p.m. If a student remains on campus after an organized activity (sports practice, drama rehearsal, etc.), the teacher or coach in charge will walk the student to ASE camp and sign in him or her.
Cost: $8.50 per hour for drop-in or pre-registered students. Students will be charged in 30-minute intervals. Late pick-up charges are $8.50 for the first minute and $1.00 for each additional minute.

Hours of Operation: The ASE Program is open from 7:00 to 8:00 a.m. (please see details under Morning Care below) and from 2:45 to 6:00 p.m. (After 6:00 p.m., a late fee will be charged.) The ASE Office is open from 9:00 a.m. - 6:00 p.m. Camp Counselors are employed until 6:00 p.m., Monday-Friday, and have other obligations once camp is over, such as school, babysitting, sports practices, or a second job. Please note: a substantial ($8.50 for the first minute and $1.00 for each additional minute, per child) will be charged for late pick ups. Habitual late pick-up (five times) will be cause for a child’s dismissal from the After-School Enrichment program.

Registration: A registration form can be found on the last page of the brochure. The registration process will not be confirmed until the registration form is completed. Once you have completed and turned in the form, the Director has the final decision on camp participation.

Billing: Your student’s camp charges are billed at the end of every month. Billing questions should be addressed to the ASE Office.

Morning Care/Teacher Workdays: Extended care hours are available from 7:00 to 8:00 a.m. at a flat rate of $8.50 per day. Students must be escorted to the LS Spanish room (near the Pre-k yard) and signed in by a parent. ASE is also open on certain days when school is closed. ASE does not offer childcare to Pre-k students on teacher workdays or parent conference days. This is necessary to allow us to comply with our state license.

Snack: Please send an after-school snack for your student; the ASE program does not provide snacks.

Medical Conditions and/or Physical Limitations: If your child has a medical condition, please submit a note detailing your child’s condition or limitations along with the ASE form in the back of this brochure.

Sign in and out Procedures: Students will be signed in by a camp counselor. Parents must sign their children out of camp. Failure to do so will result in a fine, and the student will be billed until 6:00 p.m. on that date. If your Lower and/or Middle School child is on campus after school without a parent or guardian (18 years+), he or she needs to check into ASE camp. High School students are not able to sign out their siblings from ASE and supervise them on campus.
**Discipline Policy:** All campers have the right to enjoy a positive, healthy, and safe experience in Country Day’s after-school program. All students are expected to follow and support our expectations of participation with a positive attitude and respectful behavior at all times. Behavior or language that are perceived by the Director or designated staff to be disrespectful, hurtful, unsafe, or threatening may result in a suspension or dismissal from the program. This extends to any behavior that undermines our goal to best serve the needs of all participants.

**After-School Enrichment Classes**

**ASE Classes Start September 6**

**Billing:** Classes are billed on a trimester basis. ASE charges and fees will appear on your SCDS monthly statement. Billing questions should be addressed to the ASE Office.

**Charges:** Effective September 2015, students attending ASE Classes are no longer charged for participating in Camp before their Class begins. The Camp fee is now included in the Class cost. Once a student’s class is over, there is a 10 minute grace period before Camp charges begin.

**Changes/Cancellations:** We ask that you make your selections carefully. All changes must be made in writing, preferably by email to jpangilinan@saccds.org. Changes will be made on a space-available basis. SCDS reserves the right to cancel a class for any reason.

**Registration:** A registration form can be found on the last page of this brochure. The registration process will not be confirmed until the registration form is completed. Once you have completed and turned in the form, the Director has the final decision on class participation. Students interested in private music lessons will be contacted to verify lesson times. Classes have limited enrollment; early enrollment is recommended. In the event that a class you have signed up for is full, you will be notified and placed on a waiting list. In the event that a class cannot meet its enrollment, you will be notified and granted a full refund. The ASE program operates on a trimester basis; changes in your child’s ASE schedule can take place at the end of a trimester.

**Enrollment:** Classes are filled on a “first-come, first-serve” basis. Preferences for private lessons are granted in the order they are received. Students are enrolled for the entire year; changes in schedules must be communicated to the ASE Office in writing. Parents will be contacted only if the class is full, if there is a change in schedule, or if they want to schedule a private lesson.
**Refunds:** A refund will be issued only when a class is cancelled or when cancellations take place before the trimester is underway. If you need to cancel a private music lesson, please notify the Director 24 hours in advance to waive the lesson fee. In regards to ASE classes, no refund will be issued unless the teacher or Director cancels a scheduled class. The ASE program's hiring and purchasing are directly determined by enrollment. Therefore, we regret that there are no exceptions to this policy.

**Sign in and Out Procedures:** If your students is attending a class after school, she/he will be signed in by a camp counselor. Parents must sign their children out of camp even if their children attend an ASE class. Failure to do so will result in a fine, and the student will be billed until 6:00 p.m. on that date. High School students are not able to sign out their siblings from ASE and supervise them on campus.

## Private Music Lessons

The After-School Enrichment private lessons offer one-on-one teaching sessions from distinguished musicians and teachers. All phases of playing are developed pedagogically. Proper posture and breathing, embouchure and tone development, musical notation, time and key signatures, intervals, and scales are all covered in private lessons. First priority on schedules is given to returning students, then private lessons are scheduled on a first-come, first-serve basis. If you need to cancel a private music lesson, please notify the Director 24 hours in advance to waive the lesson fee.

<table>
<thead>
<tr>
<th>Private Lesson</th>
<th>Grade</th>
<th>Available Days</th>
<th>1/2 Hour Sessions</th>
<th>Cost Per Lesson</th>
<th>Teacher</th>
</tr>
</thead>
<tbody>
<tr>
<td>Piano</td>
<td>K+</td>
<td>Tuesday</td>
<td>3:15-5:15</td>
<td>$35</td>
<td>Joanna Griffith</td>
</tr>
<tr>
<td>Flute</td>
<td>3+</td>
<td>Monday &amp; Tuesday</td>
<td>3:30-5:00</td>
<td>$35</td>
<td>Vicki Schaevitz</td>
</tr>
<tr>
<td>Piano</td>
<td>K+</td>
<td>Thursday</td>
<td>3:30-5:30</td>
<td>$35</td>
<td>Joy Aragon</td>
</tr>
<tr>
<td>Violin/Viola</td>
<td>1+</td>
<td>Mon., Tues. &amp; Wed.</td>
<td>3:30-4:30</td>
<td>$35</td>
<td>Felecia Keys</td>
</tr>
<tr>
<td>Woodwind</td>
<td>3+</td>
<td>Mon., Tues. &amp; Thursday</td>
<td>3:30-4:30</td>
<td>$35</td>
<td>Bob Ratcliff</td>
</tr>
</tbody>
</table>
ASE Class Descriptions

ABCs & 123s
This class is ideal for first-grade students who would benefit from extra help with reading or math. We’ll have guided reading, phonics games, creative writing, and a myriad of math activities to supplement and support classroom learning. *This class is limited to 12 students.

ADVENTURES IN WRITING
In this after-school class, students will become archaeologists sifting through the bones of exceptional stories. We will look under the covers of classic books; dive deep into character, plot, and setting development; and give everyone a chance to write silly, sad, fantastical, and real-life short stories. We will play games to jump start our imaginative brains, share our own stories and learn how to provide helpful peer critiques. When students have examined the bones of what makes a great story, it will be time to explore individual narrative style. During this class, as we analyze the types of stories that students find the most interesting, class members will learn more about their own writing style and how to build on their skills as a writer. Students will write, edit, re-write, and learn the whole process for creating a compelling story. Ultimately class members will complete their own epic stories and have a chance to submit them to literary magazines for possible publication.

ART WITH MS. CAMERON
Through her life experiences and passion for the creative world, Cameron Bohn has explored art history and expression through various mediums. From living and working in Peru with the archaeological art and artifacts, from her passion for photography and working in her own dark room, and from her work with aboriginal artists in Sydney, Australia, and with Huichol artists from Mexico, Cameron has developed a perspective on art and creative outlets that can spark the creative bug in others. Students will be able to explore multicultural art and art history through hands-on projects, including painting, drawing, sculptural projects, print making, and craft.
ASE THEATER
Students will learn the fundamental themes of acting, voice projection, and stage presence through the study and performance of a play. Fly away to Neverland with Peter and the Darling children in this adaptation of Disney's beloved animated film. The culmination of this yearlong camp will be a performance for family and friends to enjoy in May 2017. *Please note this is a two-hour class.

CHESS
Chess class is for grades 1-6 and welcomes all levels of players. The class will include instruction in rules, tactics, and strategies as applicable to the playing level of the students. The class will include free play, team play, and tournament strategies.

COOKING
Do you like to help in the kitchen? Do you like to watch Guy Fieri or Rachel Ray on TV? Well, come and spend some time learning to cook in this after-school class. Join some friends to create balanced breakfasts, luscious lunches, delectable dinners, scrumptious snacks, and delightful desserts. Each afternoon will be filled with stories, art for the kitchen, and recipes galore.

HIP HOP
Bennett Lumban has been dancing hip hop for nine years and currently dances with the Sacramento-based dance crew, Boogie Monstarz. This introductory level hip hop class provides a structured method of learning various hip hop dance movements in a fun-filled and vibrant class environment. The class will focus on the basics of breaking, popping, and locking.
**JR. ROBOTICS**

Students will work as scientists, engineers, and designers. Through the investigation of simple and motorized machines, the use of gears and sensors, and programming their builds, students will learn the basics of physics and the concepts behind real machines. Children will be able to build the actual model out of LEGO® bricks and program their models featuring working motors, motion and tilt sensors, and sounds by using software on our computers. Students will build a firm base of understanding from which to expand their robotics learning.

**MAKERSPACE**

Calling all curious kids. A Makerspace is a learning environment rich with possibilities. Always wanted to learn to knit? Or maybe you want to learn to code. Want to take apart a computer to see what’s inside? Or try your hand at wet felting. Join us in the new Country Day Makerspace, a place where you can explore your interests, whatever they may be. The Makerspace provides materials, space, and guidance for students to learn a new skill, find a new hobby, and simply be creative.

**SEWING**

Children will learn the parts and operation of the sewing machine, threading, forward and reverse stitching, turning and pivoting, cutting fabric, and pressing. This is a hands-on class and materials are included in the class fee.
STUDY SKILLS
Academy Learning Center helps to strengthen organizational and study skills. We start with the “Core Modules:” (1) Time Management and an Introduction to the “Study Cycle,” (2) Pre-reading skills, (3) Note-taking, and (4) Paraphrasing (how to demonstrate understanding through paraphrasing as a critical thinking skill for academic learning). When students master these skills, we move on to practice and develop active strategies around listening, “talking to the text,” graphics reading, problem-solving, test-taking, mastering science vocabulary, and the SQ3R’s (how to manage concepts introduced in class around “Survey, Questions, Read, Recite, Review”). We encourage students to bring their assignments from class to use with our practice.

TAE KWON DO
Mr. Bolman has been studying TKD for 33 years. He went to the Jr. Olympics, Nationals, and International competitions as a kid. He will instruct students in hand and foot techniques, defense patterns, sparring, breaking techniques, and concentration patterns. Tae Kwon Do students will also learn strategies in respect, discipline, courtesy, and self confidence.

YOGA
This class will focus on proper breathing techniques (pranayama) and beginning postures (asanas), as well as balance and stretching. Yoga is proven to increase concentration and flexibility and decrease stress and tension, as well as help balance emotions and improve body image while building endurance and flexibility.
# ASE Class Schedule

<table>
<thead>
<tr>
<th>Class</th>
<th>Grade</th>
<th>Day and Time</th>
<th>Cost Per Trimester</th>
<th>Location</th>
<th>Teacher</th>
</tr>
</thead>
<tbody>
<tr>
<td>ABCs &amp; 123s</td>
<td>1</td>
<td>Monday 3:30-4:15</td>
<td>$250</td>
<td>1K</td>
<td>Robin Kren</td>
</tr>
<tr>
<td>Adventures in Writing</td>
<td>2-5</td>
<td>Monday 3:30-4:15</td>
<td>$250</td>
<td>5F</td>
<td>Gretchen Fogelstrom</td>
</tr>
<tr>
<td>Cooking</td>
<td>2-5</td>
<td>Monday 3:30-4:30</td>
<td>$260</td>
<td>MP Room</td>
<td>TBD</td>
</tr>
<tr>
<td>Yoga</td>
<td>K-5</td>
<td>Monday 3:15-4:00</td>
<td>$250</td>
<td>LS Library</td>
<td>Jenna King</td>
</tr>
<tr>
<td>Art with Ms. Cameron</td>
<td>K-5</td>
<td>Tuesday 3:30-4:30</td>
<td>$260</td>
<td>Art Room</td>
<td>Cameron Bohn</td>
</tr>
<tr>
<td>Sewing</td>
<td>3-6</td>
<td>Tuesday 3:30-4:30</td>
<td>$260</td>
<td>Makerspace Room 20</td>
<td>Hannah Frank</td>
</tr>
<tr>
<td>Tae Kwon Do</td>
<td>2-5</td>
<td>Tuesday 3:30-4:30</td>
<td>$260</td>
<td>Room 13</td>
<td>Ed Bolman</td>
</tr>
<tr>
<td>ASE Theater</td>
<td>3-5*</td>
<td>Wednesday 3:30-5:30</td>
<td>$325</td>
<td>MP Room</td>
<td>Cynthia Speakman</td>
</tr>
<tr>
<td>Study SKills</td>
<td>3-6</td>
<td>Wednesday 3:30-4:30</td>
<td>$260</td>
<td>TBD</td>
<td>Academy Learning Center</td>
</tr>
<tr>
<td>Tae Kwon Do</td>
<td>K-1</td>
<td>Wednesday 3:30-4:30</td>
<td>$260</td>
<td>Room 13</td>
<td>Ed Bolman</td>
</tr>
<tr>
<td>Chess</td>
<td>1-6</td>
<td>Thursday 3:45-4:45</td>
<td>$260</td>
<td>TBD</td>
<td>TBD</td>
</tr>
<tr>
<td>Hip Hop</td>
<td>K-5</td>
<td>Thursday 3:45-4:30</td>
<td>$260</td>
<td>MP Room</td>
<td>Bennett Lumban</td>
</tr>
<tr>
<td>Jr. Robotics</td>
<td>K-2</td>
<td>Thursday 3:15-4:00</td>
<td>$240</td>
<td>LS Library</td>
<td>Lori Pedroncilli</td>
</tr>
<tr>
<td>Makerspace</td>
<td>3-5</td>
<td>Thursday 3:30-5:00</td>
<td>$260</td>
<td>Makerspace Room 20</td>
<td>Tibby Wroten</td>
</tr>
</tbody>
</table>

*ASE Theater is open to 2nd grade students by audition with the Theater Director.*
Student’s Name

Gender ______ DOB ____________ Age ______

Grade (Fall 2016) _______ Teacher __________________________________________

Parent 1

Name __________________________ Name __________________________

Home Phone ______________________ Home Phone ______________________

Cell Phone ______________________ Cell Phone ______________________

Email __________________________ Email __________________________

Please list all the desired classes and/or lessons.

Monday

Tuesday

Wednesday

Thursday

I have read the entire SCDS ASE Program guidelines and agree to all policies. The ASE Program reserves the right to make changes to policies and will give parents a copy of the revised policies one month before it goes into effect. Please note: ASE’s new hourly rate is $8.50 an hour due to the increase in minimum wage.

__________________________ ____________________
Parent or Legal Guardian’s Signature Date